

## Assessing proprioception in wrist instability treated via splinting Vs dynamic taping

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Skin Irritation on 3-point Likert scale

Skin Irritation	Date	Date	Date	Date
Intact skin - 0				
Minor irritation - 1				
Significant Irritation -3				

Pain with or without Taping

Pain level	Date	Date	Date	Date
Scale 0-10 (Lowest / highest) With tape				
Scale 0-10 (Lowest / highest) Without tape				

Orthotic wear Hassle on a 5-point Likert scale

Hassle	Date	Date	Date	Date
No hassle				
Minimal burden				
Moderate burden				
Very difficult				
Unacceptable				

Taping wear Hassle on a 5-point Likert scale

Hassle	Date	Date	Date	Date
No hassle				
Minimal burden				
Moderate burden				
Very difficult				
Unacceptable				

DASH

DASH	Pre	Post

Grip Strength	Pre	Post

Right		
Left		